

GREAT KINGSHILL VILLAGE HALL REGULAR EVENTS

Monday			
Group Name	Frequency	Contact	Phone
Yogalates	Weekly	Alison Lacey	07813 540751
Senior Fitness	Weekly	Alison Lacey	07813 540751
Sit & Sew	Weeks 1 + 3	Tricia Lockhart	01494 714764
Mah Jong	Most weeks	John Grainger	01494 715530
Pilates	Weekly	Rosie Lewin	07932 607116
Chiltern 20s Badminton	Weekly	Hazel Strathdee	01494 562689
Table Tennis	Contact	Susana Hansell	01494 713572

Tuesday			
Group Name	Frequency	Contact	Phone
Ladies Badminton	Weekly	Chris Gould	01494 714566
Anna Rose Dance	Weekly	Anna Hayward	07841 124697
Table Tennis	Contact	Susana Hansell	01494 713572

Wednesday			
Group Name	Frequency	Contact	Phone
Niki Gibbs Pilates	Weekly	Nicola Gibbs	07949 164613
Great Kingshill Ladies	Week 2 only	Sylvia Briggs	01494 714127
Tai Chi	Weekly	Tricia Lockhart	01494 714764

Thursday			
Group Name	Frequency	Contact	Phone
Keep Fit	Weekly	Kath Essex	01494 714719
Pilates with Pamela	Weekly	Pamela Wilson	07759 831706
Dance with Attitude	Weekly	Beauchamp	07795 173581
Seido Karate	Weekly	Suzie Frankcom	seidoschools@outlook.com
Class	Weekly	Linda Paton	newvisiondance@gmail.com

Friday			
Group Name	Frequency	Contact	Phone
Body Control Pilates	Weekly	Alison Lacey	07813 540751
Coffee Club	Friday 10:30	John Capell	Just turn up
Chiltern Crafters	Contact	Alison Maclean	07966 149747
Chiltern Garden Group	Contact	Sarah Peplow	s.peplow474@btinternet.com

Saturday			
Group Name	Frequency	Contact	Phone
Chiltern Crafters	Contact	Alison Maclean	07966 149747
Sew Crafty	Contact	Julie-Anne Jordan	jjordan73@outlook.com
Group	Contact	Linda Hughes	01628 530649

For more information or to make a booking please visit our website www.gkvillegehall.org